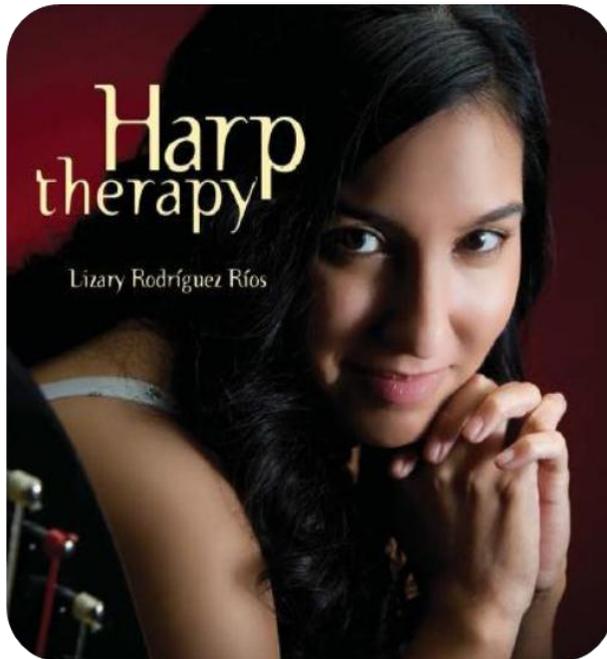


MUSIC REVIEW

By Dyan Garris



Harp Therapy

Lizary Rodríguez Ríos

The second CD by Grammy Award nominated harpist Lizary Rodríguez is approximately one hour of pure heaven that will make you forget all about your stress. It's a recording that incorporates several elements to help you achieve Nirvana. The album opens with real and timeless ocean from Puerto Rico melting effortlessly into the first song "The Purple Bamboo – Chinese Song." I found the combinations of the very different components of everything in this album to work in perfect harmony on so many levels. The intertwining of the harp with violin and cello, along with the sounds of nature, make for a true therapeutic delight. For many centuries the harp has been associated with the celestial

and the divine and Lizary's performance here certainly evokes those qualities. I think many would agree that the harp is very special, almost sacred. The CD is a blend of well known classical music, as well as music that was written especially for the harp. My favorite track on the album is track eleven, J. Pachelbel's "Canon." I've used that piece for years as preparation for giving psychic readings. So I found it delightful to hear this composition in the harp, whose vibrations are not only soothing to the soul, but also have the ability to help heal, bring harmony and deep inner peace. Ms. Rodríguez Ríos, a prize winner in four international harp competitions, holds degrees from three universities. In addition she has a Doctorate in Musical Arts, and has been described as "an elegant artist" and a "delight for mind, heart, and spirit." I concur with those and add that Lizary Rodríguez Ríos plays with the spirit of an angel. Simply beautiful. Available at www.lizary.net and www.cdbaby.com.